

# المؤتمر الوطني السابع للسكري والغدد الصماء

بين السابع والتاسع من إبريل لسنة 2009 بطرابلس ليبيا



**The Seventh Libyan Diabetes and Endocrinology Conference (LDEC2009).** April 7-9, 2009 Tripoli, Libya



**Venue: Dath El-Imad Conference Halls**

البرنامج العلمي

**Scientific Program**

THE LIBYAN ASSOCIATION FOR DIABETES AND ENDOCRINOLOGY

[www.endodiablibya.org](http://www.endodiablibya.org)

[libyanade@yahoo.com](mailto:libyanade@yahoo.com)



# الجمعية الليبية للسكري والغدد الصماء

مسجلة تحت رقم 90 بسجل الجمعيات العلمية بالهيئة الوطنية للبحث العلمي

ترحب بكم في

## المؤتمر الوطني السابع للسكري والغدد الصماء

The Seventh Libyan Diabetes and Endocrinology Conference (LDEC2009)

Organized by

The Libyan Association for Diabetes and Endocrinology

Registered as Scientific Society No 90 with the National Institute of Scientific Research

## البرنامج العلمي

### The Scientific Program

بين السابع والتاسع من إبريل لسنة 2009 بطرابلس ليبيا

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# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الإخوة الأصدقاء الأعزّاء والزّملاء الكرام:

السّلام عليكم ورحمة الله وبركاته....

يسرنا أن نرحب بكم من جديد في المؤتمر الوطني للسكري والغدد الصماء في دورته السابعة والذي ينعقد في فصل الربيع على مدى ثلاثة أيام في شهر إبريل 2009. وكالعادة تستهدف أعمال المؤتمر شريحة واسعة من الأطباء المهتمين بشؤون السكري والغدد الصماء العاملين في هذا المجال. ونرجو أن يستفيد من الحضور الكثير من الممارسين العاممين وأخصائيي الأمراض الباطنية وفروعها بالمستشفيات وكذلك الأطباء العاملين بمراكز الرعاية الصحية الأولية. وسيشمل البرنامج محاضرات شاملة حول السكري والحديث في علاجه وسيعرض المحاضرون للجوانب التشخيصية والعلاجية لأمراض الغدد الصماء الأخرى. وستقام ثلاث ندوات صباحية لمناقشة التدبير الحديث لمرض السكري في اليوم الأول وعلاج أورام الغدة النخامية المختلفة في اليوم الثاني وأخيراً أمراض السكري والغدد الصماء في الأطفال والمراهقين في اليوم الثالث. أما فترات الظهيرة والمساء فستكون حافلة بعدد كبير من حلقات النقاش والحوار التي تغطي الجوانب العملية المختلفة لأمراض السكري والغدد الصماء.

وبالإضافة إلى محاضرة ابن سينا ومحاضرة الفيتوري السنويتين فقد خصصت المحاضرة التذكارية لهذا العام للترحم على روح الدكتور أحمد حسونة الذي ساهم بشكل فعال في تطوير الخدمات الطبية بمدينة مصراتة ومستشفاهها في. كما خصص وقت لعرض الأبحاث والدراسات التي نتمنى أن يتقدم بها المشاركون لعرضها بصورة شفوية او على شكل معلقات. وكالعادة ستقدم الجمعية جوائزاً رمزية لأحسن الأوراق المقدمة من الأطباء الشباب. كما يشهد المؤتمر لأول مرة مشاركة من بعض الخبراء العرب والأجانب. ويتميز المؤتمر لهذا العام بالأنشطة الكثيرة على هامشه بالإضافة إلى المحاضرات الموسمية الأخرى التي ستلقى بالمستشفيات مثل مستشفى الخضراء ومستشفى معيتيقة وبالأنشطة التي ستقيمها الجمعية لأول مرة مع الجامعات مثل الندوة المشتركة مع جامعتي سبها والزاوية.

وأخيراً... نرجو أن تتحقق الفائدة المرجوة من مثل هذه المؤتمرات في الرّفع من مستوى الخدمات الصحية عموماً و خصوصاً في مجال السكري والغدد الصماء.

والله ولي التوفيق

**د. عصام الحجاجي**

رئيس مجلس إدارة الجمعية

**د. سالم بشيه**

عن اللجنة العلمية

## I. A cordial welcome ...

Dear Friends and Colleagues,

The Libyan Association for Diabetes and Endocrinology would like to invite you to “**The Seventh Libyan Diabetes and Endocrinology Conference (LDEC2009)**”. As ever, Tripoli’s spring weather will be at its best in this time of the year and it will surely be an excellent change from wherever you are coming from.

The program is targeting consultants and specialists in diabetes and endocrinology and other branches of general internal medicine practicing in hospitals and polyclinics as well as primary health care doctors. We hope that the program is well balanced between diabetes and endocrinology. The program for this year includes 11 main lectures (3 plenary lectures in the morning, 3 state of the art lectures at lunchtime, and 3 medal/memorial lectures in the evening and 2 special lectures) in addition to the other Guest Lecture. It covers a wide array of presentations including advances in management of diabetes, current management of pituitary tumors and current perspectives in Adolescent endocrinology. In line with the current trend in international conferences, we have numerous interactive small group sessions to allow delegates to meet the experts and discuss true or virtual clinical cases in details. Delegates may choose any two of the four subjects available each afternoon. This year will also witness participation from Arab and international speakers in the main program for the first time. **The Ibn Sina Medal Lecture** will be delivered by Dr Hussein Al-Saadi, a senior Arab guest speaker on the topical issue of “Bone Health and Vitamin D Status in Arab Women”. **Al-Fitouri Medal Lecture** will be delivered by Professor Elmahdi Elkhammas, a senior transplant surgeon on pancreas and islet transplantation, a subject of mutual interest to the members of the LADE and the speaker. The topical **Special Lecture** will be delivered by Professor Don Chisholm. The remaining plenary and state of art lectures are shared between members of the association and guest speakers covering a wide range of subjects including pre-diabetes, diabetes in pregnancy and male hypogonadism. The Memorial Lecture of this year is dedicated to honor the memory of the late **Dr. Ahmed Hassuna**, who achieved a lot in improving the health care services in his own city of Misurata in the 1980’s. As it was previously established, “**The LADE Annual Lecture**” has been reserved for a young physician.

Seventeen original abstracts were accepted. Six slots are allowed for oral communications and the remaining will be presented as posters. Prizes will be presented to the best presentations.

Finally, the Association has secured participation of many senior Libyan endocrinologists and other physicians at home and abroad and the program matured very well by active interaction and discussion between the members of the Association.

We look forward to a very successful program and an enjoyable educational experience.

*Salem Beshyah*

Salem A. Beshyah, PhD FRCP  
For the Scientific Committee

*Issam Hajjaji*

Issam M. Hajjaji, MA FRCP  
Chairman, LADE Board

# البرنامج العلمي

## THE SCIENTIFIC PROGRAMME

**DAY ONE: TUESDAY 7.4.2009**

**REGISTRATION DESK OPENS 07:45**

**MORNING SESSION:**

**8:30 - 9:15**      **Key Note Address (PL1)**      **CME's 0.75**

Chair: *Dr. Salem Elhabroush*

**Pre-Diabetes: How Serious?**

*Dr. Tarek Fiad, MD FRCP FRCPI, Consultant Physician (UK)*

**9:15 -9:45**      **THE OPENING CEREMONY**

Welcome Speech by LADE Chairman

Speeches of the Guests of Honor

**9:45 -10:30**      **COFFEE & NETWORKING/EXHIBITORS' STANDS VIEWING**

**10:30-12:00**      **Symposium 1: Advances in Diabetes Management**      **CME's 1.5**

Chairs: *Dr. Naimah Shwehdi and Dr. Issam Hajjaji*

10:30-11:00      S1.1      **"Ethics" and "Etiquettes" in Diabetes Care**

*Dr. Soad Bosseri (Tripoli)*

11:00-11:30      S1.2      **Newer Oral Anti-Diabetic Drugs: Incretin-Based Therapy.**

*Dr. Kamal Abougilila (UK)*

11:30-12:00      S1.3      **Insulin Therapy: An Update for 2009**

*Dr. Mohamed Elrishi (UK)*

**12:00 -12:45**      **State of The Art Lecture I (SA1)**      **CME's 0.75**

Chair: *Dr. Kamal Abougilila*

**New Insights into Hypogonadotropic Hypogonadism**

*Dr. Richard Quinton, MD FRCP, Consultant Endocrinologist (Newcastle Upon Tyne, UK)*

**12:45 -13:45**      **LUNCH AND PRAYERS/POSTER VIEWING**

**LIST OF POSTER PRESENTATIONS:** (*Posters will remain displayed throughout the duration of the conference*):

**P1. BLOOD GLUCOSE CONTROL AND ITS EFFECT ON PATIENTS OUT COME IN A MEDICAL ICU.** Adela Elamami and Zaid H (Benghazi, Libya).

**P2. INCIDENCE OF DIABETIC KETOACIDOSIS DURING RAMADAN IN BENGHAZI, LIBYA.** Rafik Elmehdawi, Ehmida M and Elmagrehi H. (Benghazi, Libya).

**P3. SERUM PROLACTIN LEVEL IS ASSOCIATED WITH LUPUS ACTIVITY.** Fathia Ehmoda and Rafik Ramadan Elmehdawi (Benghazi, Libya).

**P4. SERUM SELENIUM IN DIABETES.** Yakout Abdel Fattah, Abdel-Monsef Alokali and Omar El Shourbagy, (Derna, Libya).

**P5. TRANSFORMING GROWTH FACTOR BETA-1 5' AND 3'-UNTRANSLATED REGIONS CONTRIBUTES TO ITS POSTTRANSCRIPTIONAL REGULATION IN PROXIMAL TUBULAR EPITHELIAL CELLS.** Rasha Bennagi , A Krupa, J Martin, R Jenkins, AO Phillips and DJ Fraser (Cardiff, UK).

**P6. USE OF PHAGE DISPLAY TO ISOLATE PEPTIDES THAT BIND AND INHIBIT THE FUNCTION OF A MOUSE MONOCLONAL THYROID STIMULATING ANTIBODY** Nagat M Saeed and Phil F Watson (Tripoli & Sheffield).

**P7. CORD BLOOD COPPER, ZINC, CALCIUM, PHOSPHORUS AND MAGNESIUM IN INFANTS OF DIABETIC AND NON-DIABETIC MOTHERS.** Abdelatif Amnina, Yakout Abdelfatah El Sinosi, Foad Elmagri and Omar El Shourbagy (Derna, Libya).

**P8. EVALUATION OF HYPOGLYCEMIC AND HYPOLIPIDEMIC EFFECTS OF "COENZYME Q10" IN STREPTOZOTOCIN-INDUCED DIABETIC RATS.** Mohamed Bendary and Abdel-Monsef Alokali (Derna, Libya).

**P9. FASTING OF RAMADAN IN PEOPLE WITH DIABETES IN BENGHAZI** Rafik R Elmehdawi, NA Mukhtad, NI Allaghi and SJ Elmajberi (Benghazi, Libya).

**P10. USE OF INSULIN PUMP THERAPY IN MOSLEM PATIENTS WITH TYPE 1 DIABETES DURING RAMADAN FASTING.** Mahmoud Benbarka, Ali B Khalil, Salem A. Beshyah, Suhad Marjei and Samar Abu Awad (Abu Dhabi, UAE).

**P11. LESSON OF THE WEEK: NOT JUST ANOTHER HAIRY WOMAN!** Huda Ezzeddin Mustafa and Salem Beshyah. (Abu Dhabi, UAE).

**P12. THE INFLUENCE OF DIABETES ON ACETOAMINOPHEN INDUCED HEPATOTOXICITY IN ALBINO WISTAR RATS.** Khadija A. Debr, Mohammed R. Hamid, Soad Bosseri and Zammzam M. Burkan (Tripoli-Libya).

#### **AFTERNOON SESSION**

**13:45-14:30** [Special Lecture](#)

**CME's 0.75**

Chair: *Professor Ibrahim Sherif*

**THE DIABETES PANDEMIC: GENES VS ENVIRONMENT 2009**

*Professor Don Chisholm, FACP*

*Senior Principal Research Fellow, Diabetes and Obesity Research Program, Garvan Institute of Medical Research; Professor of Medicine, The University of New South Wales; and Honorary Endocrinologist, St Vincent's Hospital, Sydney Australia.*

**14:30-15:30** [Clinical Practice and Research](#)

**CME's 1.0**

*(Free Communications selected from submitted abstracts)*

#### **Parallel Session A. Hall A (Adult Practice)**

Chairs: *Professor Salah Gerryo and Dr. Mahmoud Benbarka*

14:30-14:50 **OC1 A PREDICTION RULE TO IDENTIFY ADULTS WITH DIABETIC KETOACIDOSIS WHO ARE AT INCREASED RISK OF DEATH.** Rafik Elmehdawi (Benghazi, Libya).

14:50-15:10 **OC2 ASSESSMENT OF DIABETES PATIENT EDUCATION IN BENGHAZI.** Suhair Jaber Aubaker and Ahmed Swalem (Benghazi, Libya).

15:10-15:30 **OC3 CO-MORBID DEPRESSION IN DIABETIC PATIENTS IN DERNA.** Monsef Alokali, Omar El Shourbagy and Samir Wasef (Derna, Libya).

#### **Parallel Session B Hall B (Pediatric Practice)**

Chairs: *Dr. Asma Deeb and Dr. Abdel Hadi Habeb*

14:30-14:50 **OC4 OUTCOME OF GROWTH HORMONE THERAPY IN SHORT STATURE CHILDREN.** Faten Ben Rajab, N Dafer and Zeinab Hashieshi (Tripoli, Libya).

14:50-15:10 **OC5 FLEXIBLE INSULIN THERAPY IS MORE USEFUL THAN CONVENTIONAL INSULIN THERAPY IN GLYCAEMIC CONTROL OF TYPE 1 DIABETIC CHILDREN: THE AL-JAL HOSPITAL EXPERIENCE.** Faten Ben Rajab, Salha Gliwan, Asma Moktar, (Tripoli, Libya).

15:10-15:30 **OC6 A LIBYAN FAMILY WITH FAMILIAL HYPERCHOLESTEROLEMIA.** Maisoon N EL-Hemri, Rafik R Elmehdawi, Fawzia AL-Fazani and Nuri M Shembesh (Benghazi, Libya).

**15:30-16:00 AFTERNOON TEA**

**16:00-17:30 Interactive Small Groups I**

**CME's 1.50**

Each delegate may be able to choose 2 options out of 4 parallel 40 min sessions. The sessions will be run by panels of experts as case-based interactive discussion. Locations will be announced in various locations and 10 minute change over will be allowed.

**A. Hirsutism**  
Chair: *Dr. Lubna Maghour*  
Speakers: 16:00-16:40 *Dr. Kamal Abouglila*  
16:50-17:30 *Dr. Faiza Hander*

**B. Male Hypogonadism**  
Chair: *Dr. Tarek Fiad*  
Speakers: 16:00-16:40 *Dr. Richard Quinton*  
16:50-17:30 *Dr. Salah Gwaider*

**C. Thyroid Cases I**  
Chair: *Dr. Rafik Elmehdawi*  
Speakers: 16:00-16:40 *Dr. Mohsen Eledrisi*  
16:50-17:30 *Dr. Aisha Lazreg*

**D. Paediatric Endocrinology I. Childhood diabetes:** Chair: *Professor Milad Doggah/Dr. Faten Ben rajab*  
Panelists: *Dr. Asma Deeb, Dr Abdel Hadi Habeb*  
Session 1: 16:00-16:40  
Session 2: 16:50-17:30  
Please arrange to break according to indicated times to allow flow of delegates to and from "adult" session.

**17.30-18:15 The Ibn-Sina Medal Lecture 2009 محاضرة ابن سينا السنوية 2009** **CME's 0.75**

Chair: *Dr. Salem Beshyah*

**Bone Health and Vitamin D Status in Arab Women**

*Dr. Hussein Al-Saadi, MD FACP FACE , Associate Professor of Medicine UAEU and Consultant Endocrinologist, Twam Hospital -John Hopkins Medicine (Al-Ain, UAE)*

**18:15-19:15 LADE ANNUAL RECEPTION**

**حفلة استقبال**

**19:15-2:00 Medtronic MiniMed Guest Lecture:**

Chair: *Dr. Mahmoud Benbarka*

**Advanced Technologies in Diabetes Care.**

*Professor Tadej Battellino, MD PhD, Professor of Pediatrics, University Medical Centre, University Children's Hospital, Ljubljana, Slovenia.*

**DAY TWO: WEDNESDAY 8.4.2009**

**REGISTRATION DESK OPENS 07:45**

**MORNING SESSION:**

**8:30 -9:15 State of the Art Lecture (SA2)**

**CME's 0.75**

Chair: *Dr. Issam Hajjaji*

**Glycaemic Control and Vascular Complications**

*Professor Don Chisholm, FRACP*





11:0-11:30 S3.4 **Precocious Puberty**  
*Professor Milad Dougaa(Tripoli)*

**11:30-12:15** **State of the Art Lecture (SA3)** CME's 0.75  
Chair: *Dr. Samia Miladi*  
**Hypoglycemia in Diabetes: A Clinical Review**  
*Dr. Salem El Habroush, MBBCh MD, Consultant Physician (Tripoli)*

**12:15-13:30** **LUNCH, PRAYERS and POSTER VIEWING**

**13:30-14:15** **Dr. Ahmed Hassuna Memorial Lecture** CME's 0.75  
Chair: *Dr. Faiza Traina*  
**Diabetes in Pregnancy: Screening, Diagnosis and Management after HAPO**  
*Amna Salhin, MD Consultant Endocrinologist (USA)*

**14:15-15:20** **Interactive Small Groups III** CME's 1.0

- A. Diabetes Cases** Chair: *Dr. Ikram Jazwi*  
Speakers: 14:15-14:45 *Professor Ahmed Swalem*  
14:50-15:20 *Dr. Soad Bosser*
- B. Diabetic Dyslipidaemia:** Chair: *Dr. Abdul Salam El-Taweel*  
Speakers: 14:15-14:45 *Dr. Salem Eltabal*  
14:50-15:20 *Dr. Ali El-Houni*
- C. Illustrative Interesting Endocrine Cases** Chair: *Dr. Najat Eldressy*  
Speakers: 14:15-14:45 *Dr. Fellani A. Mohammed Zwei*  
14:50-15:20 *Professor Salah Gerryo*
- D. Paediatric Endocrinology III. Miscellanea Endocrinologica Pediatrica**  
Chair: *Dr. Om Elmir Ghaddafi Abdulla*  
Panelists: *Dr. Abdul Hadi Habeb, Dr. Faten Ben Rajab*  
Session 1: 14:15-14:45 Session 2: 14:50-15:20

**15:20-16:00** **الحفل الختامي وتسليم شهادات الحضور والجوائز**

## **SATELLITE ACTIVITIES:**

*Detailed final programs will be released to the appropriate targeted group or locality.*

### **Saturday 4.4.2009**

**8:30-16:30** **"SEBHA DIABETES REVIEW 2009"**, Sebha, Libya,  
Jointly with the Faculty of Medicine, University of Sebha  
Coordinator: Dr Fellani AM Zwei and Dr Amer Twaty, Dean Faculty of Medicine

### **Sunday 5.4.2009**

**9:00-10:30** **"MEITIGA DIABETES SYMPOSIUM 2009" ON "DIABETES SPRING REVIEW 2009"**  
Jointly with Meitiga General Hospital

**Coordinators & Contacts:** Dr. Abdulrazaq Medhem, Dr. Salem Sagar and Dr. Tawfeek Beshyah  
9:00-9:45 Management of Diabetes in the Hospitalized Patient: Dr. Amna Salhin  
9:45-10:30 Complications of Diabetes: an overview TBC

### **12:00-14:00** **"ALKHADRA ENDOCRINE REVIEW 2009": "HOT TOPICS IN ENDOCRINOLOGY"**

Organized Jointly by LADE and The Scientific Committee, Al-khadra Hospital  
Coordinators & Contacts: Dr Moawyah Taleb, Dr Rajaa Ayad and Dr Salem Beshyah  
12:00-12:30 Polycystic Ovary Syndrome Dr. Tarek Fiad  
12:30-13:00 Endocrine Hypertension Dr. Fellani AM Zwei  
13:00-13:30 Osteoporosis 2009 Dr. Kamal Abougilila  
13:30-14:00 Hypoglycaemia Dr. Salem Beshyah

**14:00-18:00** **"CLINICAL DIABETES 2009" for nurses and educators (in Arabic)**  
Co-organizers Dr Salem Elhabroush, Dr. Amal Algrary, and Mr. Saleh Damja

### **Monday 6.4.2009**

**9:00-16:00** **"ZAWIA DIABETES REVIEW 2009"**  
Jointly with the Faculty of Medicine, 7<sup>th</sup> April University, Zawia

Coordinators: Dr Salem Beshyah, Dr. Asma Deeb & Professor Ibrahim Fhaeelboum, Dean  
Faculty of Medical Sciences  
Final programme will be released jointly later

**17:30-21:00** **"INSULIN PUMP WORKSHp" For Diabetes Consultants and Specialists  
(By Special Invitation) Jointly with the Medtronic MiniMed & Al-Mithalyia"**  
Coordinators: Dr. Salem Beshyah, Dr. Mahmoud Benbarka, Mr. Anas Al Khouly and Dr Sahar  
Al Naas. Final program and Invitations will be issued.



## الجمعية الليبية للسكري والغدد الصماء

The Libyan Association for Diabetes and Endocrinology

### للإتصال بنا

الجمعية الليبية للسكري والغدد الصماء

صندوق بريد رقم 7948 بريد عين زارة طرابلس ليبيا

The Libyan Association for Diabetes and Endocrinology,

PO Box 7948, Ain Zara, Tripoli, Libya.

بالهاتف والبريد المصور (الفاكس)

فاكس: 00218 21 3337851 هاتف: 00218 91 213 9236

بالبريد الإلكتروني

[libyanade@yahoo.com](mailto:libyanade@yahoo.com)

زور موقعنا على شبكة المعلومات

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محاضرات الجمعية الليبية للسكري والغد الصماء السنوية والتذكارية والخاصة بين 2006 و 2009  
LADE Medal, Memorial, and Occasional Lectures (2006-2009)

**Ibn- Sina Medal Lecture:**

- 2006 Dr. Soad Bosseri (Brunei Dar Essalam)  
2007 Professor Othman Kadiki (Benghazi)  
2008 Dr. Abdulfattah Ali Lakhdar (UK)  
2009 Dr. Hussein Al Saadi (UAE)



**Al-Fituri Medal Lecture:**

- 2006 Dr. Issam Mehdi Hajjaj (Tripoli)  
2007 Dr. Tarek Mohamed Fiad (UK)  
2008 Dr. Kamal Abougllila (UK)  
2009 Professor Elmahdi Elkhammas (USA)



**The LADE Memorial Lectures:**

- |   |                               |
|---|-------------------------------|
| 2006 Abdulrazzek El-Zawawi Memorial Lecture | Mr. Salem Al-Hamali (UK)      |
| 2007 Makram Al-Dawi Memorial Lecture        | Dr. Fellani A M Zwei (Canada) |
| 2008 Salem Sennussi Memorial Lecture        | Dr. Asma Ali Deeb (UAE)       |
| 2009 Ahmed Hassuna Memorial Lecture         | Dr. Amna Ali Salhin (USA)     |

**LADE Annual Lecture:**

- 2007 Dr. Hisham M. Ziglam (UK)  
2008 Dr. Rafik R Elmehdawi (Benghazi)  
2009 Dr. Hawa Sharif (Tripoli)



**Summer Lectures:**

- |                                |                        |
|--------------------------------|------------------------|
| LADE Summer Lecture 2007 (TCH) | Dr. Mohsen S. Eledrisi |
| LADE Summer Lecture 2008 (TMC) | Dr. Salem Beshyah      |

**Regional Lectures:**

- |            |                   |
|------------|-------------------|
| Sebha 2009 | Dr. Salem Beshyah |
| Zawia 2009 | TBC               |



# الجمعية الليبية للسكري والغدد الصماء

The Libyan Association for Diabetes and Endocrinology

Would like to acknowledge its gratitude for all supporters of the LDEC2009

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