

Appendix 3 Attributes of the commonly used premixed insulin preparations: the onset of action, peak and duration of action are given for each preparation

<i>Insulin preparation</i>	<i>Action</i>			<i>Role in blood glucose management</i>
	<i>Onset</i>	<i>Peak</i>	<i>Duration</i>	
Humulin M3 30/70	30 min	2-4 hours	14-24 hours	<p>Premixed insulins are a combination of specific proportions of intermediate-acting and short-acting insulin in one bottle or insulin pen.</p> <p>The numbers following the brand name indicate the percentage of each type of insulin.</p> <p>These products are generally taken twice a day before mealtime.</p>
Mixtard 30 30/70	30 min	2-12 hours	Up to 24 hours	
NovoMix 30 30/70	10-20 min	1-4 hours	Up to 24 hours	
Humalog Mix 25 25/75	15 min	30 min- 2½ hours	16-20 hours	