

results of complication screening and information on any co-morbidities that may influence how the person is managed medically.

10.4 Care of older adults with diabetes

Older adults can be treated with the same drug regimens as younger patients, but special care is required in prescribing and monitoring drug therapy.

Drugs should be started at the lowest dose, especially sulfonylureas, and titrated up gradually until targets are reached or side effects develop.

It may be appropriate to relax glycaemic targets in some individuals.